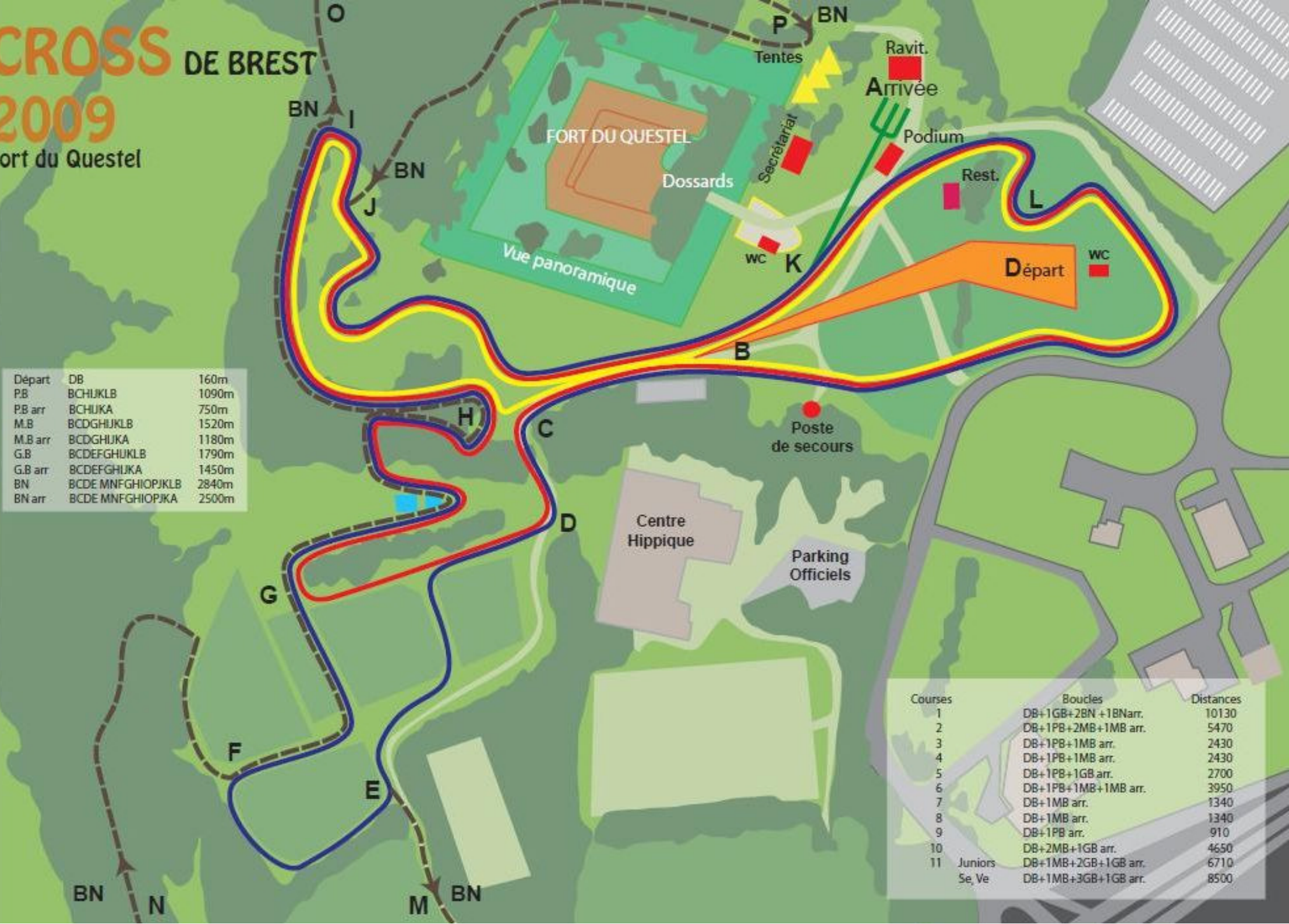


CROSS DE BREST 2009

Fort du Questel



Départ	DB	160m
PB	BCHUJLKB	1090m
P.B arr	BCHUJA	750m
M.B	BCDGHUJLKB	1520m
M.B arr	BCDGHUJA	1180m
G.B	BCDEFGHUJLKB	1790m
G.B arr	BCDEFGHUJA	1450m
BN	BCDE MNFGHIOPJLKB	2840m
BN arr	BCDE MNFGHIOPJKA	2500m

Courses	Boucles	Distances
1	DB+1GB+2BN +1BNarr.	10130
2	DB+1PB+2MB+1MB arr.	5470
3	DB+1PB+1MB arr.	2430
4	DB+1PB+1MB arr.	2430
5	DB+1PB+1GB arr.	2700
6	DB+1PB+1MB+1MB arr.	3950
7	DB+1MB arr.	1340
8	DB+1MB arr.	1340
9	DB+1PB arr.	910
10	DB+2MB+1GB arr.	4650
11 Juniors	DB+1MB+2GB+1GB arr.	6710
Se, Ve	DB+1MB+3GB+1GB arr.	8500